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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 8  NON-STUDENT DAY | 9  **BREAKFAST**  Eggo® Mini Cinnamon Waffles w/ Syrup  Breakfast Protein Bar  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Tuscan Spaghetti and Meatballs  Peach Cup  Cheesy Spinach Bake  Assorted Low Fat Milk | 10  **BREAKFAST**  Banana Whole Grain Muffin w/ Cheese Stick  Assorted Cereal w/ Cinnamon Grahams  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Popcorn Chicken Bowl  100% Fruit Juice  Fresh Baked Roll  Assorted Low Fat Milk | 11  **BREAKFAST**  Eggo® Mini Blueberry Pancakes w/ Syrup  Peanut Butter & Jelly Bar  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Italian Baked Ziti  Herbed Green Beans  Applesauce Cup  Fresh Baked Roll  Assorted Low Fat Milk | 12  **BREAKFAST**  Assorted Cereal w/ Cinnamon Grahams  Yogurt w/ Mini Cinnamon Bitz  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Santa Fe Beef Tacos  Raisins  Seasoned Black Beans  Assorted Low Fat Milk |
| 15  NON-STUDENT DAY | 16  **BREAKFAST**  Assorted Cereal w/ Cinnamon Grahams  Peanut Butter & Jelly Bar  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Teriyaki Chicken w/ Fried Rice  Herbed Green Beans  Raisins  Assorted Low Fat Milk | 17  **BREAKFAST**  Eggo® Mini Blueberry Pancakes w/ Syrup  Whole Grain Muffin w/ Mozzarella Cheese  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Meatball & Marinara Sub  100% Fruit Juice  Cheesy Broccoli Bake  Assorted Low Fat Milk | 18  **BREAKFAST**  Yogurt w/ Mini Cinnamon Bitz  Assorted Cereal w/ Cinnamon Grahams  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Italian Deli Sandwich  Sweet Potato Bake  Strawberry Fruit Cup  Assorted Low Fat Milk | 19  **BREAKFAST**  Eggo® Mini Cinnamon Waffle w/ Syrup  Breakfast Protein Bar  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Macaroni & Cheese  BBQ Baked Beans  Fresh Apple Slices  Assorted Low Fat Milk |
| 22  **BREAKFAST**  Assorted Cereal w/ Cinnamon Grahams  Breakfast Protein Bar  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Santa Fe Beef Tacos  Seasoned Black Beans  Raisins  Assorted Low Fat Milk | 23  **BREAKFAST**  Eggo® Cinnamon Waffles w/ Syrup  Peanut Butter & Jelly Bar  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Chicken Pot Pie  Herbed Green Beans  100% Fruit Juice  Assorted Low Fat Milk | 24  **BREAKFAST**  Banana Whole Grain Muffin w/ Cheese Stick  Cereal w/ Cinnamon Grahams  100% Fruit Juice  Assorted Low Fat Milk  **LUNCH**  Country Beef Roast w/ Mashed Potatoes  Applesauce Cup  Fresh Baked Roll  Assorted Low Fat Milk | 25  **BREAKFAST**  Eggo® Mini Blueberry Pancakes  Breakfast Protein Bar  100% Fruit Juice  Assorted Low Fat Milk  **LUNCH**  Chicken & Broccoli Alfredo  Cheesy Spinach Bake  Peach Cup  Assorted Low Fat Milk | 26  **BREAKFAST**  Eggo® Mini Cinnamon Waffle w/ Syrup  Yogurt w/ Mini Cinnamon Bitz  100% Fruit Juice  Assorted Low Fat Milk  **LUNCH**  **FLORIDA FRESH FRIDAY**  Italian Deli Sub  Carrot Soufflé  Florida Fresh Orange Smiles  Assorted Low Fat Milk |
| 29  **BREAKFAST**  Peanut Butter & Jelly Bar  Cereal w/ Cinnamon Grahams  100% Fruit Juice  Assorted Low Fat Milk  **LUNCH**  Rosemary & Garlic Roasted Chicken w/ Rice Pilaf  Carrot Soufflé  100% Fruit Juice  Fresh Baked Roll  Assorted Low Fat Milk | 30  **BREAKFAST**  Eggo® Mini Cinnamon Waffles w/ Syrup  Breakfast Protein Bar  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Tuscan Spaghetti and Meatballs  Peach Cup  Cheesy Spinach Bake  Assorted Low Fat Milk | 31  **BREAKFAST**  Banana Whole Grain Muffin w/ Cheese Stick  Assorted Cereal w/ Cinnamon Grahams  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Popcorn Chicken Bowl  100% Fruit Juice  Fresh Baked Roll  Assorted Low Fat Milk |