

Hillsborough County Public Schools

Satellite Menu April 2017

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| --- | --- | --- | --- | --- |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 3  **BREAKFAST**  Assorted Cereal w/Graham Bear  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Cheesy Enchiladas  Honey glazed Carrots  Fresh Garden Side Salad  100% 4oz Juice  Assorted Low Fat Milk | 4  **BREAKFAST**  Peanut Butter & Jelly Bar  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Teriyaki Chicken w/ Fried Rice  Sweet Potato Bake  Fresh Garden Side Salad  Apple Slices  Assorted Low Fat Milk | 5 BREAKFAST Whole Grain Muffin w/ Mozzarella Cheese  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk LUNCH Popcorn Chicken Bowl  Steamed Broccoli  Fresh Banana  Assorted Baked Sun Chips®  Assorted Low Fat Milk | 8 BREAKFAST Yogurt w/ Homemade Granola  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk LUNCH Italian Baked Ziti  Cheesy Broccoli Bake  Fresh Garden Side Salad  Applesauce  Fresh Baked Roll  Assorted Low Fat Milk | 7 BREAKFAST Breakfast Protein Bar  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk LUNCH Chicken & Yellow Rice Casserole  Seasoned Black Beans  Fresh Garden Side Salad  Assorted Fruit Cup  Fresh Baked Roll  Assorted Low Fat Milk |
| 10  **BREAKFAST**  Assorted Cereal w/ Strawberry Graham Bear  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Sweet and Sour Chicken w/Yellow Rice  Baked Sweet Plantains  Baby Carrots w/ Lite Ranch Dip  100% 4oz Fruit Juice  Assorted Low Fat Milk | 11  **BREAKFAST**  Peanut Butter & Jelly Bar  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Chicken Verde Burrito  Seasoned Black Beans  Garden Salad/ Lite Ranch Dip  Apple Slices  Assorted Low Fat Milk | 12 BREAKFAST Whole Grain Muffin w/ Mozzarella Cheese  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Roasted Drumstick w/ Mashed Potatoes  Baby Carrots/Lite Ranch  Fresh Banana  Fresh Baked Roll  Assorted Low Fat Milk | 13 BREAKFAST Yogurt w/ Homemade Granola  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Tuscan Spaghetti w/ Meatballs  Carrot Soufflé  Steamed Broccoli  Applesauce  Assorted Low Fat Milk | **14**  **NO SCHOOL** |
| **17**  **BREAKFAST**  Assorted Cereal w/ Strawberry Graham Bear  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Honey Lemon Roasted Chicken w/ Rice Pilaf  Mashed Potatoes  Baby Carrots w/ Lite Ranch Dip  100% 4oz Fruit Juice  Fresh Baked Roll  Assorted Low Fat Milk | 18  **BREAKFAST**  Peanut Butter & Jelly Bar  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Teriyaki Chicken w/ Stir Fry Rice  Cheesy Broccoli Bake  Honey Glazed Carrots  Apple Slices  Assorted Low Fat Milk | 19 **BREAKFAST**  Banana Whole Grain Muffin w/ Cheese Stick  100% Fruit Juice  Assorted Low Fat Milk  **LUNCH**  Macaroni & Cheese  BBQ Baked Beans  Fresh Garden Side Salad  Fresh Banana  Assorted Baked Sun Chips®  Assorted Low Fat Milk | 20  **BREAKFAST**  Breakfast Protein Bar  100% Fruit Juice  Assorted Low Fat Milk  **LUNCH**  Buffalo Chicken Pasta  Fresh Roasted Garlic & Herb Vegetables  Baby Carrots w/ Lite Ranch Dip  Applesauce  Assorted Low Fat Milk | 21 **BREAKFAST**  Yogurt w/ Homemade Granola  100% Fruit Juice  Assorted Low Fat Milk  **LUNCH**  Roasted Drumstick w/Mashed Potatoes  Fresh Garden Side Salad  Assorted Fruit Cup  Fresh Baked Roll  Assorted Low Fat Milk |
| 24  **BREAKFAST**  Assorted Cereal w/ Strawberry Graham Bear  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  BBQ Pork on a Pretzel Bun  Honey Glazed Carrots  Fresh Garden Side Salad  100% 4oz Juice  Assorted Low Fat Milk | 25  **BREAKFAST**  Peanut Butter & Jelly Bar  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk  **LUNCH**  Teriyaki Chicken w/ Fried Rice  Sweet Potato Bake  Fresh Garden Side Salad  Apple Slices  Assorted Low Fat Milk | 26BREAKFAST Whole Grain Muffin w/ Mozzarella Cheese  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk LUNCH Popcorn Chicken Bowl  Steamed Broccoli  Fresh Banana  Assorted Baked Sun Chips® Assorted Low Fat Milk | 27 BREAKFAST Yogurt w/ Homemade Granola  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk LUNCH Italian Baked Ziti  Cheesy Broccoli Bake  Fresh Garden Side Salad  Applesauce  Fresh Baked Roll  Assorted Low Fat Milk | 28 BREAKFAST Breakfast Protein Bar  100% 4oz Juice or Assorted Fruit  Assorted Low Fat Milk LUNCH Chicken & Yellow Rice Casserole  Seasoned Black Beans  Fresh Garden Side Salad  Assorted Fruit Cup  Fresh Baked Roll  Assorted Low Fat Milk |