

Hillsborough County Public Schools

Satellite Menu April 2017

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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 3**BREAKFAST**Assorted Cereal w/Graham Bear100% 4oz Juice or Assorted FruitAssorted Low Fat Milk**LUNCH**Cheesy EnchiladasHoney glazed CarrotsFresh Garden Side Salad100% 4oz JuiceAssorted Low Fat Milk | 4**BREAKFAST**Peanut Butter & Jelly Bar100% 4oz Juice or Assorted FruitAssorted Low Fat Milk**LUNCH**Teriyaki Chicken w/ Fried RiceSweet Potato Bake Fresh Garden Side SaladApple SlicesAssorted Low Fat Milk | 5BREAKFASTWhole Grain Muffin w/ Mozzarella Cheese100% 4oz Juice or Assorted FruitAssorted Low Fat MilkLUNCHPopcorn Chicken BowlSteamed BroccoliFresh BananaAssorted Baked Sun Chips®Assorted Low Fat Milk | 8BREAKFASTYogurt w/ Homemade Granola100% 4oz Juice or Assorted FruitAssorted Low Fat MilkLUNCHItalian Baked ZitiCheesy Broccoli BakeFresh Garden Side SaladApplesauceFresh Baked Roll Assorted Low Fat Milk | 7BREAKFASTBreakfast Protein Bar100% 4oz Juice or Assorted FruitAssorted Low Fat MilkLUNCHChicken & Yellow Rice CasseroleSeasoned Black BeansFresh Garden Side SaladAssorted Fruit CupFresh Baked Roll Assorted Low Fat Milk |
| 10 **BREAKFAST**Assorted Cereal w/ Strawberry Graham Bear100% 4oz Juice or Assorted FruitAssorted Low Fat Milk**LUNCH**Sweet and Sour Chicken w/Yellow RiceBaked Sweet PlantainsBaby Carrots w/ Lite Ranch Dip100% 4oz Fruit JuiceAssorted Low Fat Milk | 11**BREAKFAST**Peanut Butter & Jelly Bar100% 4oz Juice or Assorted FruitAssorted Low Fat Milk**LUNCH**Chicken Verde BurritoSeasoned Black BeansGarden Salad/ Lite Ranch DipApple SlicesAssorted Low Fat Milk | 12BREAKFASTWhole Grain Muffin w/ Mozzarella Cheese100% 4oz Juice or Assorted FruitAssorted Low Fat Milk**LUNCH**Roasted Drumstick w/ Mashed PotatoesBaby Carrots/Lite RanchFresh BananaFresh Baked Roll Assorted Low Fat Milk | 13BREAKFASTYogurt w/ Homemade Granola100% 4oz Juice or Assorted FruitAssorted Low Fat Milk**LUNCH**Tuscan Spaghetti w/ MeatballsCarrot SouffléSteamed BroccoliApplesauceAssorted Low Fat Milk | **14****NO SCHOOL** |
| **17****BREAKFAST**Assorted Cereal w/ Strawberry Graham Bear100% 4oz Juice or Assorted FruitAssorted Low Fat Milk**LUNCH**Honey Lemon Roasted Chicken w/ Rice PilafMashed PotatoesBaby Carrots w/ Lite Ranch Dip100% 4oz Fruit JuiceFresh Baked RollAssorted Low Fat Milk | 18**BREAKFAST**Peanut Butter & Jelly Bar100% 4oz Juice or Assorted FruitAssorted Low Fat Milk**LUNCH**Teriyaki Chicken w/ Stir Fry RiceCheesy Broccoli BakeHoney Glazed CarrotsApple SlicesAssorted Low Fat Milk | 19**BREAKFAST** Banana Whole Grain Muffin w/ Cheese Stick100% Fruit JuiceAssorted Low Fat Milk**LUNCH**Macaroni & CheeseBBQ Baked BeansFresh Garden Side SaladFresh BananaAssorted Baked Sun Chips®Assorted Low Fat Milk | 20**BREAKFAST**Breakfast Protein Bar100% Fruit JuiceAssorted Low Fat Milk**LUNCH**Buffalo Chicken PastaFresh Roasted Garlic & Herb VegetablesBaby Carrots w/ Lite Ranch Dip ApplesauceAssorted Low Fat Milk | 21**BREAKFAST**Yogurt w/ Homemade Granola100% Fruit JuiceAssorted Low Fat Milk**LUNCH**Roasted Drumstick w/Mashed PotatoesFresh Garden Side SaladAssorted Fruit CupFresh Baked RollAssorted Low Fat Milk |
| 24**BREAKFAST**Assorted Cereal w/ Strawberry Graham Bear100% 4oz Juice or Assorted FruitAssorted Low Fat Milk**LUNCH**BBQ Pork on a Pretzel BunHoney Glazed CarrotsFresh Garden Side Salad100% 4oz JuiceAssorted Low Fat Milk | 25**BREAKFAST** Peanut Butter & Jelly Bar100% 4oz Juice or Assorted FruitAssorted Low Fat Milk**LUNCH**Teriyaki Chicken w/ Fried RiceSweet Potato Bake Fresh Garden Side SaladApple SlicesAssorted Low Fat Milk | 26BREAKFASTWhole Grain Muffin w/ Mozzarella Cheese100% 4oz Juice or Assorted FruitAssorted Low Fat MilkLUNCHPopcorn Chicken BowlSteamed BroccoliFresh BananaAssorted Baked Sun Chips®Assorted Low Fat Milk | 27BREAKFASTYogurt w/ Homemade Granola100% 4oz Juice or Assorted FruitAssorted Low Fat MilkLUNCHItalian Baked ZitiCheesy Broccoli BakeFresh Garden Side SaladApplesauceFresh Baked Roll Assorted Low Fat Milk | 28BREAKFASTBreakfast Protein Bar100% 4oz Juice or Assorted FruitAssorted Low Fat MilkLUNCHChicken & Yellow Rice CasseroleSeasoned Black BeansFresh Garden Side SaladAssorted Fruit CupFresh Baked Roll Assorted Low Fat Milk |